



FINDING STABILITY THROUGH HUMILITY

I. When life is hard, we are tempted to find stability in our _____.

Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you. vv. 6-7

CHOOSE _____ OVER _____.

II. When life is hard, our enemy is ready to _____.

Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. vv. 8-9

DON'T WANDER AWAY FROM THE _____.

III. When life is hard, remember God will _____ what He started.

And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you. To him be the dominion forever and ever. Amen. vv. 10-11

ANCHOR YOUR HOPE IN GOD'S _____.



Communion

"For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes" (1 Cor 11:26). Learn more about how we remember Jesus and proclaim Him as our risen Savior through the Lord's Supper.

HOME GROUP

Lesson + Devotional

Before you begin, ask the Holy Spirit to teach you and guide your study.

1. Read 1 Peter 5:6-11. How did the pastor define a specific type of *humility* in his sermon, and how did he connect it to suffering?
2. How does your heart tend to react when circumstances are difficult? How have you seen God use suffering to mature you?
3. What are Satan's tactics that cause many of our worries? How can we resist him in practical ways?
4. What helps you believe that God cares for you? What hinders you from fully believing this?
5. What does it mean in practical terms to cast our anxieties on God (v. 7)? Give an example. How do you do this yourself?
6. Why does God view pride as such a destructive sin? Why is humility such an important Christian grace?
7. How are humility and submission acts of faith in suffering? Why is casting all your anxiety on God an action of humility?
8. What worries are you carrying instead of letting God take them? What steps of obedience will you take this week to live what you learned from this sermon (meditate on a verse, pray consistently about something, confess and seek grace to change a habit, take a more active step with someone)?

HELPFUL Quotes

"He careth for you" literally means that it matters to Him concerning you. Peter is talking about anxiety. The Lord Jesus said, "Come unto Me all ye that labor and are heavy laden, and I will rest you" (see Matt 11:28). Bring your burden of sins to Him, and He will save you. Then come to Him later on, and He will meet you and help you with your problems. Cast your care upon Him. Paul told the Philippian believers, "Worry about nothing; pray about everything." That is, take it to the Lord in prayer, and leave it there—don't pick it up again. - J. Vernon McGee

The enemy minds you, finds you, wines and dines you, blinds you, binds you and finally grinds you. - David Powlison

No individual can be victorious against the adversary of our souls unless he understands that adversary; unless he understands his philosophy, his methods of operation, his methods of temptation. - Dwight Pentecost

Satan knows our weaknesses and our strengths. He's had thousands of years to observe humankind and become an expert on human nature. In fact, Satan knows the depths of your depravity far better than you do. We must never forget that we are his prey and that this roaring lion is ravenous with hunger. ... Satan's style is to prowl and to pounce when we least expect it, which explains our need to be alert and sober. His one purpose is to destroy us—our testimonies, our hope, our holiness, and if possible, our lives. Therefore, we must be aware of his tactics and have a respect for his power. In the same way that a Pacific islander might respect the power of the volcano or a sailor would respect the devastating might of a hurricane at sea, we must never allow ourselves to underestimate the adversary's ability to outwit, deceive and attack us. - Chuck Swindoll

YOUR NEXT STEP AT Christ Chapel



Connect and Belong

New or returning, fill out a Connect Card and experience life together at Christ Chapel.

Together in Prayer

We want to pray with and for you this week as we go to God together.



Partner With Us by Giving

Be a part of what God is doing near and far by giving to local and global ministry partners.

Upcoming Events

Join in to grow your faith, make disciples, and reach those who do not know or walk with Jesus.



A WONDERFUL Offer

Being a Christian isn't based on membership in a local church or keeping a set of rules. It involves a personal relationship with Jesus Christ and an understanding of who He is and what He has done to provide man with a way to experience God's love for us. Here's how to know Jesus Christ as your personal Savior:

1. Admit that you're a sinner, separated from a holy and perfect God.
(Romans 3:23; Isaiah 53:6)
2. Understand that the penalty for your sin is death – eternal separation from God and all that is good.
(Romans 6:23; Hebrews 9:27)
3. Believe that Jesus Christ took the penalty for your sin by dying in your place and conquered death by rising from the dead.
(Romans 5:8; 2 Corinthians 5:21)
4. Receive the free gift of salvation by trusting in Christ alone as your Savior from sin and death and your provider of true and eternal life.
(Romans 4:4-5; Ephesians 2:8-9)

You can use this prayer to express your decision to God:

Dear God, I know that I am a sinner. I believe that Jesus Christ died on the cross for me and rose from the dead. I trust in him alone as the only way to be reconciled to you. Thank you for the forgiveness of sins and the eternal life I now have. Amen.



We'd love to know about your decision. Scan the QR code to learn more about following Jesus!