



WALKING BY FAITH

Humility Is Healthy

EXODUS 18:1-27

HUMILITY: *Knowing yourself _____, thinking of yourself _____, so you can serve others _____*

I. Humility strengthens our _____. (vv. 1-18)

- A. It helps us not to think too highly of ourselves or too little of others.
- B. It encourages our spiritual growth.
- C. It allows us to give and receive difficult truth.

GIVING TRUTH	RECEIVING TRUTH
Read the room	Listen
Read the relationship	Resist defensiveness
Tell the truth	Choose gratitude
Be part of the solution	
<i>Ephesians 4:29</i>	<i>James 3:13-18; Proverbs 9:8-9</i>

II. Humility clarifies our _____. (vv. 19-24)

- A. It helps us admit our limits.
- B. It allows us to delegate responsibility so everyone can flourish.

III. Humility blesses our _____. (vv. 25-27)

- A. It helps our church continue to care.
- B. It allows every believer to live out their priesthood.

HOME GROUP STUDY & DEVOTIONAL

As you begin, ask the Holy Spirit to teach you and guide your study.

1. Read Exodus 18. What was the first thing Moses and Jethro did after greeting one another and settling in Moses' tent? Why is this significant? How can you be more purposeful in spending time doing this with other believers regularly?
2. What has the Lord done in your life recently that you would praise God about right now? Do that!
3. The next day Jethro watched Moses advise the people all day. Summarize Jethro's counsel to him. Why was this good counsel?
4. How is Jethro's counsel relevant for Christians today, in the church as well as in work and daily life? See Acts 6:1-7 for more insight.
5. What did the pastor mean about everyone in the church serving out their priesthood? How seriously do you take this calling to serve, and how are you doing so?
6. Review the boxed text on the sermon notes about giving and receiving truth. Share a time when you gave or received hard truth. How would this boxed text have helped you at that time?
7. The pastor gave his own definition of humility as *knowing yourself well, thinking of yourself less, so you can serve others more*. Would you say that you have an "appetite" for humility? Why or why not? What tends to keep us from thinking of ourselves less, and how can we change that focus?
8. Over the next week or so, consider where you might need to show humility. How will you ask the Lord's help? How has this sermon helped you think of ways to approach a certain person or situation?

FOR FURTHER STUDY

Study each of these verses below regarding humility. After careful consideration of each, choose which you will focus on, write it on a card and display it in a prominent place where you'll see it often. Ask the Holy Spirit to teach you how to apply it.

Proverbs 9:8-9; 11:12	Philippians 2:3
Romans 12:3, 16	Colossians 3:12
1 Peter 2:9; 5:5	James 3:13-18; 4:6
Ephesians 4:17-24	

A WONDERFUL OFFER

Being a Christian isn't based on membership in a local church or keeping a set of rules. It involves a personal relationship with Jesus Christ and an understanding of who He is and what He has done to provide man with a way to experience God's love for us. Here's how to know Jesus Christ as your personal Savior:

1. Realize that you are sinful and separated from God. (Romans 3:23; Isaiah 53:6)
 2. Recognize that the penalty for your sin is death—eternal separation from God and all that is good. (Romans 6:23; Hebrews 9:27)
 3. Understand that Jesus Christ took the penalty for your sin by dying in your place and that He rose again. (Romans 5:8; 2 Corinthians 5:21)
 4. Receive the free gift of salvation by trusting in Christ alone as your Savior. (Romans 4:4-5; Ephesians 2:8-9)
- "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him should not perish, but have eternal life." (John 3:16 NASB) You can use this prayer to express your decision to God:
- "Dear God, I know that I am a sinner. I believe that Jesus Christ died on the cross for me and rose from the dead. I trust in Him alone as the only way to get right with You. Thank You for the forgiveness of sins and the eternal life I now have. Amen."*

Every leader is to be a servant, but we are to be the Lord's servant, doing His will, not the servants of men, fulfilling their every expectation and desire. As the Lord's servants, we can have only one master (Matt 6:24), to whom we shall have to give account of our stewardship (cf. Matt 25:14-40; 1 Cor 3:10-15; 4:1-5). God will hold us responsible for how we have used those things which He has given us. If we strive to please men, we will most frequently fail to please God and to do those things which He has given us to do. Thus, in our attitudes, we must be servants at heart, but we dare not allow others to dictate or to determine how our stewardship shall be managed.

BOB DEFFINBAUGH

You get biblical counsel from God's Word. And that counsel continues and is supported and strengthened when the pulpit ministry is surrounded by the ministries provided and led by additional staff. I have never seen it fail that when a preacher embroils himself in administrative details and a morass of secondary callings (important as they may be), his pulpit ministry suffers. The pulpit weakens whenever a man turns to secondary areas and begins to be consumed by them. Of course, these things must be done by qualified people. But they cannot be done by one man. That is the first lesson Moses needed to learn. ... Ask your Lord to help you know how to say no graciously, how to turn off that drive to add more and more work to your already overloaded schedule. The Lord Jesus Christ is able to give us balance and purpose and discipline. He was the most balanced individual who ever lived. And it is He who gives the counsel that comes through Jethro to Moses and then to us. You can do only so much.

CHARLES SWINDOLL

COMING UP AT CHRIST CHAPEL

Here's a glimpse at what you need to know for this week at Christ Chapel. If you'd like to find out even more, visit ccbcfamily.org/events.



LOOKING FOR THE CONNECT CARD? Scan the QR code here to fill out a Connect Card. Our team will reach out this week to answer your questions and tell you more about Christ Chapel.

THE LITTLE MERMAID TICKETS ARE LIVE

Through music, dance, and storytelling, guests will experience an unforgettable evening and hear about the life-changing hope of Jesus. Brought to life by our Traditional Music Ministry and the Christ Chapel family, this is a perfect moment to bring someone with you! Get tickets to The Little Mermaid musical today at ccbcfamily.org/musical.



BE, MAKE + REACH THROUGH GIVING For years, we've partnered with Cornerstone — a local, non-profit ministry that steps in to provide financial support for those going through tough seasons. It's a powerful way to live out the love of Jesus and serve one another and our community. If you'd like to join us in supporting this important work through giving, please scan the QR code today.

BE TRANSFORMED BY TRUTH THIS FALL

God's Word is what transforms us — it reveals His character, speaks truth into our lives, and guides us as we follow Him wholeheartedly. This fall, there's a place for you to grow in that truth with others at Women in the Word and Band of Brothers Bible studies. Explore each study and register now on the Men's and Women's pages online!

CREATING SPACE FOR EVERY CHILD TO BELONG

We're excited to keep building a space where kids with special needs can experience church in a way that feels welcoming, secure, and full of joy as they learn about Jesus. To continue growing this ministry, we need more caring volunteers who are willing to step in and help make that possible. If you're interested in learning more, our Special Needs Ministry would love to connect with you! Get connected at ccbcfamily.org/kidsserve.

MARRIAGE MINISTRIES

Every relationship can grow — and we want to help yours grow in the right direction, with Christ at the center. If you're dating, engaged, or newly married, AVENUE helps you build a strong, biblical foundation. If you're married, reengage is a place to reconnect, grow, and strengthen your relationship through faith. And for couples in any season, Marriage Mentoring offers the chance to walk alongside another couple who's been where you are. Learn more at ccbcfamily.org/marriage.



IF YOU'D LIKE TO GIVE AN OFFERING TODAY, YOU CAN DO SO STRAIGHT FROM YOUR PHONE The process is quick and easy—scan the QR Code to start.